



*"Mankind is a great,  
an immense family...  
This is proved by what  
we feel in our hearts at  
Christmas."*

Pope John XXIII

*May your Christmas  
be joyful and your  
New Year filled with  
peace.*

*From the staff and  
pupils of  
Turnbull High  
School*

## Turnbull High School

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December 2019

# Turnbull Times

## Dear Parent/Carer

Welcome to the December edition of the Turnbull Times. As we approach the end of a very productive first term I hope you enjoy reading about current school issues and some of the wide ranging successes and experiences of our young people.

## Patronal Feast Day

On Thursday 21st November, the community of Turnbull High School celebrated our Patronal Feast Day having consecrated our school to the Immaculate Heart of Mary on 21 November 2017.

The day began with a light buffet breakfast for pupils and staff. During Period 3 pupils from Marian House and St Teresa House attended Holy Mass celebrated by Father Monaghan. At the same time pupils from St Andrew and St Kentigern House were led by staff and S6 Caritas students in praying the joyful mysteries of the rosary. The day ended with an afternoon of fun activities for all year groups organised by Mr Cuthbertson and the PE department.

This was also a 'dress down day' with all monies donated going to our Mary's Meals fund. This will be used to support our continuing sponsorship of Vonzua Public School in Liberia.

## Catholic Education Week

Catholic Education Week takes place each year from the Feast of St Margaret of Scotland (16th November) until the Feast of St Andrew (30th November). During this period, the Catholic Church in Scotland encourages schools, parishes and other agencies to work closely together to celebrate the successes of Catholic education. Students, parents and teachers are asked to reflect on their own roles in the education process – at home, in school, in the local parish and in other educational settings. The theme for this year was 'Promoting Gospel Values'. On Sunday 17<sup>th</sup> November pupils, parents and staff from the Turnbull Cluster attended the identified Mass in each of our associated parishes of St Andrew's, St Dominic's and St Matthew's to celebrate and reflect on this theme.

## Monitoring & Tracking

Parents of students in all year groups will have now received at least one tracking report for session 2019/20. Partnership working between parents and school in encouraging your son/daughter to attain the highest possible standards of effort, behaviour, homework and progress is the key to our continuing improvement. Where intervention has been initiated by the PT Subject, PT Pupil Support or Year Head please continue to work with us to support and challenge your son/daughter to achieve their very best in all that they do.

A community of faith engaged in learning

## Exam Prayer

Dear Lord, please  
help me in my  
examinations.

Help me to face  
them with courage,  
steady in nerves and  
keen in mind.

Please help me to  
grasp fully the  
questions that are  
asked, to remember  
all that I have  
conscientiously  
studied, to express  
my answers  
accurately and with  
the completeness  
desired.

Grant me, dear  
Lord, a due sense of  
timing, and let me  
not waste precious  
minutes in  
irrelevant asides.

Before I hand in my  
papers, give me the  
wisdom to examine  
what I have written,  
and the alertness of  
mind to detect and  
correct any  
mistakes I may have  
made.

Lord, grant me  
success if success is  
good for me.

But I know you  
know what is best  
for me.

With loving trust,  
therefore I say,  
“Whatever the results,  
blessed be your holy will.”

(Continued from page 1)

### Prelims S4 – S6

S4-S6 Prelims will run from 2/12 – 20/12 inclusive. All students have been provided with a prelim timetable. A copy of the prelim timetable is also available on the school website.

Our staff have been working hard to prepare our students for the National Qualifications. As parents you can help by:

- Talking over the order of their exams and helping them plan their study
- Buying post-it notes, study cards, highlighters etc
- Preparing a ‘study area’ within your home
- Keeping them calm and positive – do not let them talk themselves down
- Encouraging a decent night’s sleep and appropriate recreation time
- Planning a post-prelim treat as something to look forward to.

Please pray for all our students in S4 – S6 during this examination period.

Our wellbeing teacher, Mrs Gillian Wallace, has been working with our Senior Phase students on dealing with exam stress. Following on from these after school sessions students have developed their own stress management plan.

If your son/daughter requires any support in dealing with exam stress please contact their Pastoral Care teacher to arrange this.

### Scottish National Standardised Assessments (SNSAs)

SNSAs will take place for our S3 students in December. Further specific information will be issued to S3 parents in the coming weeks. Parents can find

more information regarding SNSAs via the hyperlink below:

[https://  
standardisedassessment.gov.scot](https://standardisedassessment.gov.scot).

### Personalisation & Choice / Option Choices

Students in S2 will be given the opportunity to personalise their course of study, within the framework of the Broad General Education, as they move into S3. An Information Evening for parents will take place on Tuesday 14 January (6pm) to provide parents with further details.

Students in S3 – S5 will embark upon an Option Choice Programme in January to select the National Qualifications they would like to study in 2020/21. Information Evenings for parents to support this programme have been scheduled to take place after Parents Evening at 6.15pm:

S4 – Tuesday 21 January

S5 – Tuesday 28 January

In addition, information on option choices and the national qualifications can be accessed from various websites:

[www.turnbull.e-dunbarton.sch.uk](http://www.turnbull.e-dunbarton.sch.uk)

[www.myworldofwork.co.uk](http://www.myworldofwork.co.uk)

[www.sqa.org.uk](http://www.sqa.org.uk)

[www.npfs.org.uk/downloads/category/  
in-a-nutshell-series/highers-in-a-  
nutshell/](http://www.npfs.org.uk/downloads/category/in-a-nutshell-series/highers-in-a-nutshell/)

[www.npfs.org.uk/downloads/category/  
in-a-nutshell-series/nationals-in-a-  
nutshell-series/](http://www.npfs.org.uk/downloads/category/in-a-nutshell-series/nationals-in-a-nutshell-series/)

[www.education.gov.scot/](http://www.education.gov.scot/)

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### Staff News

I am delighted to inform you of the following appointments:

Mr Ross MacKenzie has been appointed to the post of Acting PT Business Education and Computing Science.

Mrs Michelle Cowie has been appointed to the post of PT Equity.

### Advent

Advent is a time of prayer and a season of hope. Our themes for the weeks for Advent are:

*Week 1 - Time for Preparation*

*Week 2 - Responding to God's Call*

*Week 3 - Making God's Love Visible*

During December S1 – S3 RE classes will be visiting the Oratory for Advent Services.

### Advent Charities

Our Advent Charity Campaign starts on Friday 29<sup>th</sup> November with a 'Dress-Down Day'. Students are asked to bring in £1 donation and a non-perishable food item. The food items and monies collected will be used to support our Mary's Meals charity fund and prepare food parcels. Food parcels will be delivered to the families of Chesters Nursery, Drumchapel, Alive & Kicking, Springburn and Auchinairn Foodbank.

### Selection Box Appeal

The Youth SSVP Conference is appealing for £1 selection boxes for the children of St Aloysius, Springburn. All donations can be handed into either Mr Hendrie (English) or Miss Murray (Technical).

### Christmas Presents - Children of Chester's Nursery (Drumchapel)

This is being organised for staff and senior students. Senior students will visit Chesters Nursery at the end of term to deliver the presents for the children and food parcels for the families.

### Advent Service / Christmas Concert

Our Advent Service / Christmas Concert will take place on Wednesday 18<sup>th</sup> December. In addition to scripture readings and the blessing of our crib, there will be performances from our school bands and school choir. Please come along and join us for what I am sure will be an uplifting and entertaining evening.

### BGE 'Aiming High' Reward Trip

Students in S1 – S3 who have achieved an Aiming High Award will have a cinema trip on Wednesday 18<sup>th</sup> December. Further details will be provided by letter.

### Arrangements for End of Term

Pupil attendance is expected up to the end of term. Attendance will be monitored as per normal procedures up to and including Friday 20<sup>th</sup> December.

On the 20<sup>th</sup> December, normal timetable will operate until the end of period 3. During period 4 our school will gather in the Assembly Area to celebrate our community Christmas Mass. Lunch will be provided at 12.30pm. After lunch pupils will remain in the Assembly Area until school is dismissed at 2.30pm.

School will close at 2.30pm on Friday 20<sup>th</sup> December and will reopen on Monday 6<sup>th</sup> January 2020 at 9am.

*On behalf of all the staff of Turnbull High School I extend our warmest wishes for a happy, holy and peaceful Christmas and a Happy New Year.*

Please do not hesitate to contact me if I can be of assistance to you.

Yours sincerely

**E Kennedy**  
Head Teacher

## Cost of the School Day

Whether you have an S1 or S6, the costs associated with school can mount up. Yet many working parents are missing out on £1,000s of easy help.

Here are a few areas where parents and young people can receive support.

### Clothing Grant

Parents/carers have a responsibility to ensure that their children have adequate footwear and clothing to take full advantage of the education provided at school. East Dunbartonshire Council will assist parents/carers in meeting this responsibility by providing a grant to enable parents/carers to purchase appropriate school clothing for their children. The current grant is **£100** per child per school year, which will be paid by cheque. Clothing grant payments will normally be paid to parents/carers who are in receipt of Income Support or Income Based Job Seekers Allowance or Housing Benefit or Council Tax Reduction (Not Discount) or Employment and Support Allowance (Income Related) Universal Credit or Support under Part VI of the Immigration and Asylum Act 1999 or Working Tax Credit and/or Child Tax Credit. Any other claims will only be considered in exceptional circumstances. Further information can be found in the link below: <https://www.eastdunbarton.gov.uk/residents/schools-and-learning/grants/school-clothing-grant>

Alternatively please contact your child's Pastoral Care Teacher for more information or to request a paper copy of the application form.

### Free School Meals

Since 5th January 2015, all P1-P3 pupils are entitled to a Free School Meal.

In addition, Free School Meals will be granted to all other pupils whose parents/carers are in receipt of either Income Support or Income Based Job Seekers Allowance or Child Tax Credit or Working Tax Credit and Child Tax Credit or Employment and Support Allowance (Income Related) or Universal Credit or Support under Part VI of the Immigration and Asylum Act 1999. Pupils are eligible to apply for free school meals in their own right if they are aged 16 to 18, and receive one of these benefits. Payments of £2.35 are uploaded to the Cashless Catering system on a daily basis so there is anonymity for free school lunch pupils but allows top ups for other purchases. Further information can be found in the link below:

<https://www.eastdunbarton.gov.uk/residents/schools-and-learning/school-meals/free-school-meals>

Alternatively please contact your child's Pastoral Care Teacher for more information or to request a paper copy of the application form.

### Education Maintenance Allowance (EMA)

Education Maintenance Allowances (EMAs) provide financial support to eligible 16 to 19 year olds who want to continue learning.

To be eligible, you have to meet the following criteria:

#### Residency

You need to have what's known as 'ordinary residence' to be eligible for EMA.

Ordinary residence means you live in one place, but there is a complicated set of rules that decide whether you're ordinarily resident in Scotland, with different arrangements in place for different immigration statuses.

Contact your local authority or bursary office for more information on whether you're eligible.

#### Household income

Your household income will also determine if you're eligible for EMA. Household income is the income of your parent(s) or carer(s) who live with you.

To qualify, households with one dependent child must be earning £24,421 per year or less, and households with more than one dependent child must be earning £26,884 or less, before tax.

More information can be found on the following website:

<https://www.eastdunbarton.gov.uk/residents/schools-and-learning/education-maintenance-allowance>

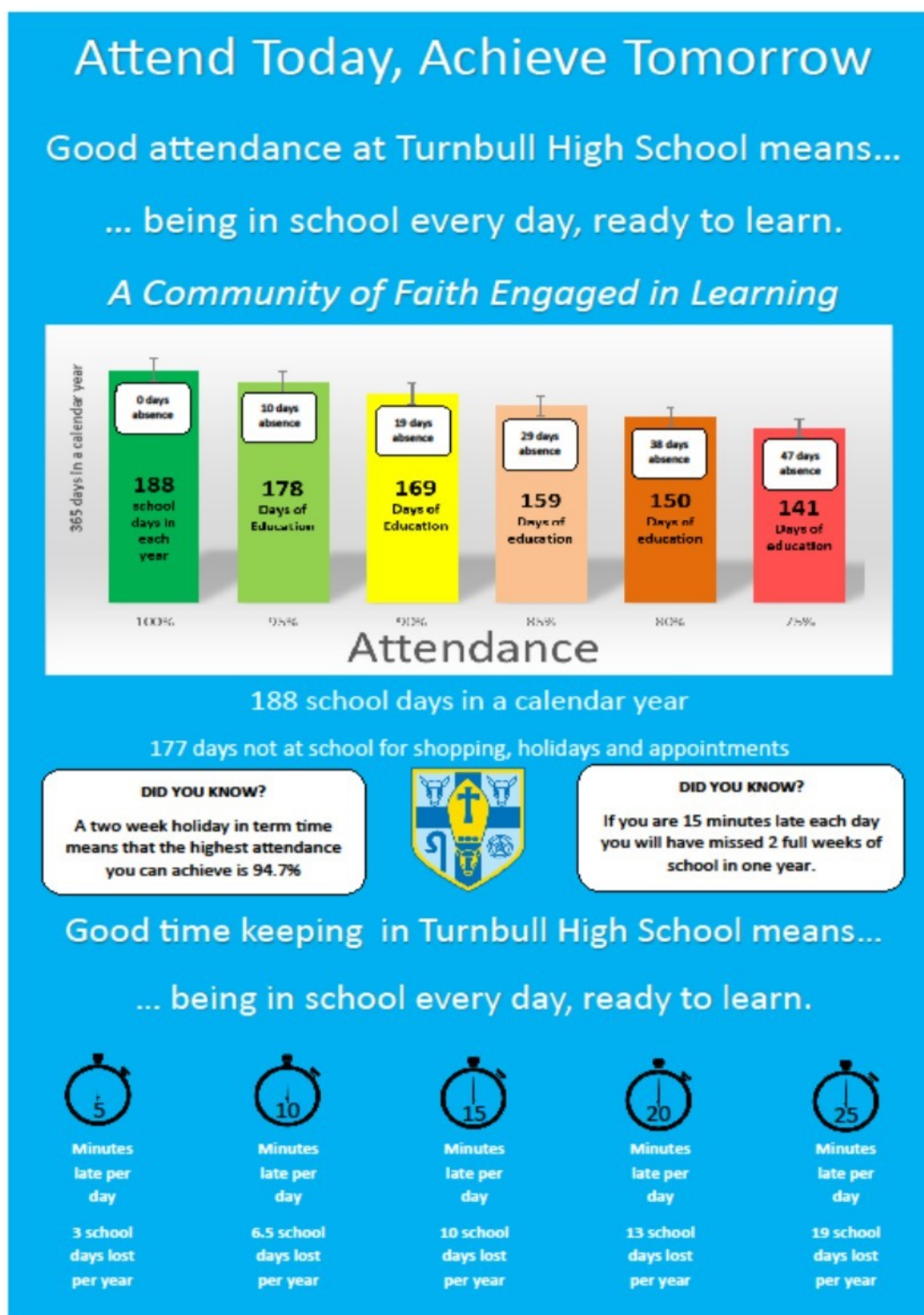
Alternatively if you would like more information or a paper copy of the forms contact Mr Mitchell (DHT).



## The Power of Good Attendance

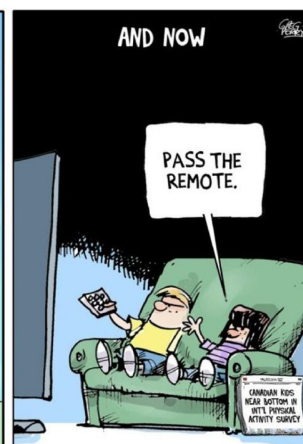
As you know, we strive to work effectively in partnership with families to promote good attendance and punctuality. Over time, poor punctuality and periods of non-attendance can impact on a young person's progress and self-confidence.

Having good attendance and being punctual are important skills for life, learning and work. Let's see what improvements we can make together. Have a look at the impact of late coming, absence and holidays can have on your child's learning power.



# We NEED to be a Health Promoting School

Many young people and their families will be aware of the importance of eating a range of nutritious food and making time for physical activity as key stepping stones to good learning and a healthy life.



Many of us will also have seen the Eatwell Guide which is a policy tool used to define government recommendations. We also have to adhere to the Schools (Health Promotion and Nutrition) (Scotland) Act 2007 which puts a duty on schools to be health promoting; support school lunches and free school meals without stigma, ensuring the standard nutritional value of food and drink provided in schools is high.



The Guide also outlines a diet which meets the population's nutrient needs as research tells us that a lack of nutrients can lead to poor health. A common problem for us, for example, is iron deficiency anaemia. This is associated with poor cognitive and motor development; behavioural problems (anxiety, depression, increased social and attention problems) and can have a long-term impact.

## We NEED to be a Health Promoting School

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In 2019, it is possible to be overfed and under nourished. Information from [www.obesityactionsotland.org](http://www.obesityactionsotland.org) tells us that....

Childhood obesity can affect:

- Young people's social interaction e.g. more isolated
- Their emotional wellbeing
- Their Self-esteem
- Their Physical health

Being overweight or obese earlier in life is linked to obesity in later life and poor health outcomes as an adult (increased risk of Type 2 Diabetes, Cardiovascular Disease and stroke). Research tells us this is linked to poor academic performance and a lower quality of life.

A number of our young people, teaching and canteen staff have been working with East Dunbartonshire Council as part of their new school lunch group. As a result, we have introduced some new foods, eco-friendly packaging and themed food days. These have been very successful and have helped to introduce pupils to a range of new flavours and foods. In addition, the S6 Leaders continue to offer a range of smoothie lollies packed with flavour and nutrients.

### What can you do to help?

- Encourage your teenager to try out new foods from the canteen menu or in their packed lunch
- Encourage healthier options if your teenager eats out
- Discourage fast food in school – nutrient empty! Fast foods are not allowed on the school premises
- Sample some new foods and flavours as a family

### Check out the websites below:

NHS Change 4 life site aimed at children and healthy eating <https://www.nhs.uk/change4life>

Eat Better Feel Better website <https://www.eatbetterfeelbetter.co.uk/>

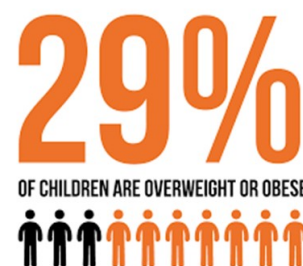
<https://www.foodafactoflife.org.uk/recipes>

<https://www.parentclub.scot/articles/eat-better-feel-better>

<http://www.giveuplovingpop.org.uk/> A campaign from Food Active which aims to raise awareness of the health harms associated with over consumption of sugary drinks

### Further reading:

- The Eatwell Guide – Government recommendations on eating a healthy balanced diet
- <https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>
- A Healthier Future – Scotland's Diet and Healthy Weight Strategy
- <https://www.gov.scot/binaries/content/documents/govscot/publications/strategy-plan/2018/07/healthier-future-scotlands-diet-healthy-weight-delivery-plan/documents/00537708-pdf/00537708-pdf/govscot%3Adocument/00537708.pdf>



# Screen Time and Sleep

In October 2019, the BBC reported on how heavy social media use impacts on the quality of sleep. The need to keep up with 24/7 social media culture is competing with the need to sleep. Research comes from Glasgow University and from across the UK. Key messages are that 1 in 3 teenagers using social media for more than three hours a day are more likely to go to bed after 11pm and wake during the night. In addition, one in five spend five hours or more on apps like Instagram, WhatsApp and Facebook every day according to the study. The recommendation from psychiatrists is to avoid screens in the hour before bed.

Read the full article at <https://www.bbc.co.uk/news/health-50140111>

## Internet safety for All

In school, key staff use the NSPCC's Net Aware site along with [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) to promote clear knowledge and understanding of how to be safe on line. During October, PC Stewart Coulter delivered a presentation to all S1 classes about cyber safety and the law. He spoke in detail about the Communications Act and shared information with S1 to ensure they did not inadvertently break the law.

We highly recommend that parents and carers familiarise themselves with the NSPCC's Net Aware site. Information can be found at <https://www.net-aware.org.uk/>.

We have selected some key information and comments from the website, all courtesy of NSPCC Net Aware, to highlight its usefulness.

Social	Official comment /Rating	Young People Comment and Rating	Parent comment and Rating	Experts view of the risks
<b>Instagram</b>  Instagram is a picture and video sharing app. Users can post content on their profile grid or to their stories, which last 24 hours. You can follow your friends, family, celebrities and companies on Instagram. Instagram also has a live streaming feature.	13+	12+  People you don't know can comment on your posts, message you or follow you <ul style="list-style-type: none"> <li>Sometimes you can see upsetting or inappropriate posts</li> <li>People write mean or bullying comments on your posts</li> </ul>	14+  A little too easy I would say. I entered an old email address and then I was allowed immediate access, no confirming email, no security codes or anything. I did not have to enter my DOB or confirm my age at any point. <b>Father of three</b>  It is too easy to sign up for multiple accounts which can then be used for trolling or bullying. <b>Dad of a 17-year-old</b>	Sexual content High Risk  Violence and hatred Medium Risk  Bullying High Risk  Suicide and self-harm Medium Risk  Drink, drugs and crime Medium Risk



## Screen Time and Sleep

Social	Official comment /Rating	Young People Comment and Rating	Parent comment and Rating	Experts view of the risks
<b>Snapchat</b>  The Snapchat app lets you send photos, short videos or messages to your friends. Pictures and videos, known as Snaps, usually appear temporarily before disappearing, though they can be captured via screenshots.  The Stories feature lets you share Snaps in a sequence for up to 24 hours. Using the Discover screen lets you watch Stories from friends, celebrities and brands.	<b>13+</b>	12+  <ul style="list-style-type: none"> <li>It shares your location if you don't use 'ghost mode'</li> <li>People can screen shot images you share</li> <li>You can get messages or requests for sexual images from people you don't know</li> <li>It can be used for bullying</li> </ul> Anyone could screenshot photos you put on your story on the app or anyone can message you. <b>Girl, 16</b>	14+  Overall, parents thought it was easy to report unsuitable content or behaviour and block people from contacting you.  I was able to block a user easily by clicking on the person and pressing block.  <b>Mum of 4 and 13 year olds</b>	Sexual Medium Risk  Violence and hatred Medium Risk  Bullying High Risk  Suicide and self-harm Medium Risk  Drink, drugs and crime Medium Risk
<b>WhatsApp</b>  WhatsApp is an instant messaging app which lets you send messages, images and videos in one-to-one and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.	<b>16+</b>	11+  <ul style="list-style-type: none"> <li>Group chats can be used to bully people</li> <li>It can be addictive</li> <li>You can't report</li> </ul> People can get hold of your number and send you bad things. But I like to send pics and have group chats with my friends. <b>Young person, 12</b>  I like how I can text my friends and family really easily for free. It also allows me to be part of group chats. I think it is safe as long as you do not give your number out to random people.	13+  I found the area to block people after a little bit of searching but could not find anywhere to report undesirable content. <b>Mum of 6 and 13 year olds</b> If a message comes from a number outside your contacts, WhatsApp tells you and offers a block option. <b>Dad of 3 and 8-year-old boys</b>	Sexual Medium Risk  Violence and hatred Medium Risk  Bullying Medium Risk  Suicide and self-harm Medium Risk  Drink, drugs and crime Medium Risk

Through the NetAware site, parents and carers can book an appointment with an O2 Guru and have access to their Advice Line : 0808 800 5002.

Other useful sites are:

<https://www.thinkuknow.co.uk/parents/>

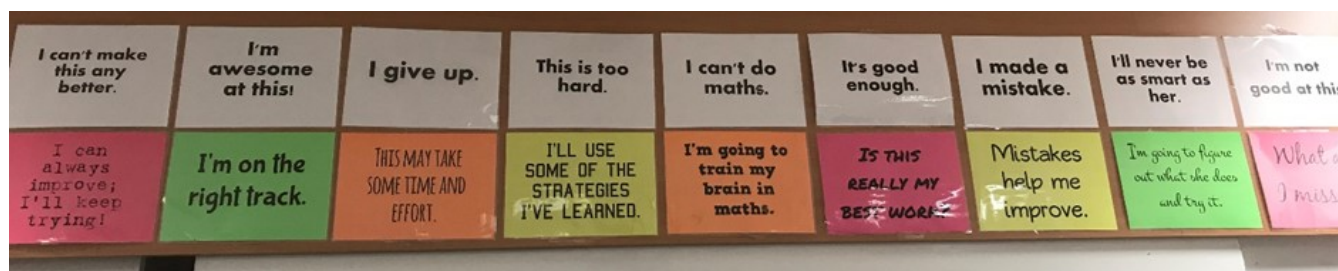
<https://parentzone.org.uk/training/digital-families-conference-2019> (England)

# BUILDING LEARNER POWER IN THE MATHS DEPARTMENT

## Building Learner Power

As you are aware, Maths often has the reputation of being very hard and only the 'brainy' pupils can do it. We work very hard in the Maths department to dispel this idea as it can lead to pupils often giving up before they give questions a real attempt. We therefore put a lot of time and effort into raising pupils' confidence in their ability in Maths by ensuring they are given appropriate work, while still creating some challenge in the way we support them when they find themselves 'stuck' on a particular problem.

Every Maths class has posters with the typical negative language that young people with a fixed mind set often use, such as 'This is too hard' or 'I'm not good at this'. Beside these are alternative phrases such as, 'I'll use some of the strategies I've learned' and 'What am I missing?' We share strategies with the pupils such as, check your notebook, identify what you know and what you need to know to answer the question and draw a diagram before you ask for help in class. The technique, 3 B4 Me when used encourages our young people to seek advice on how to achieve an answer three times before asking the teacher.



Furthermore, we ask more open questions such as, 'What information is required?', 'Do you have that information?', and 'Where could you get that information from?' We then point out that we did not really help. It is really about our young people learning to ask themselves the correct questions. We also are training our young people to assist each other in the same way, pointing out that telling a pupil to divide, for example, to get the correct answer is not really helping them if they do not know why they are dividing.

Moreover, the Maths department support young people with homework and private study at home through our blog on Glow. As well as providing a substantial amount of examples for them to work through, our young people have also been given advice on what they should do if they are stuck on a topic at home.

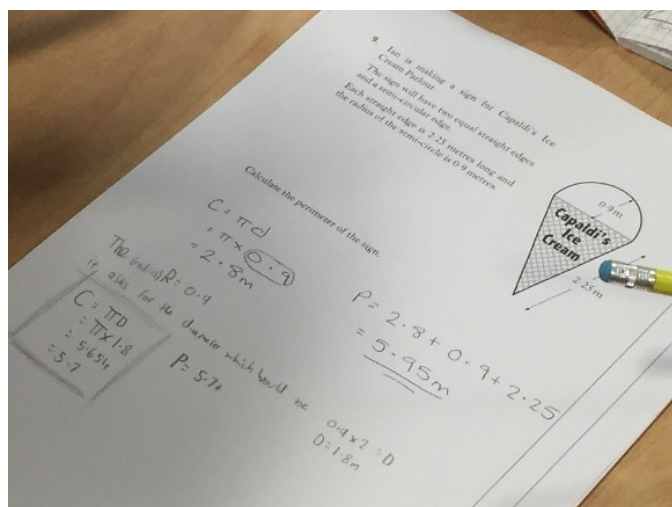
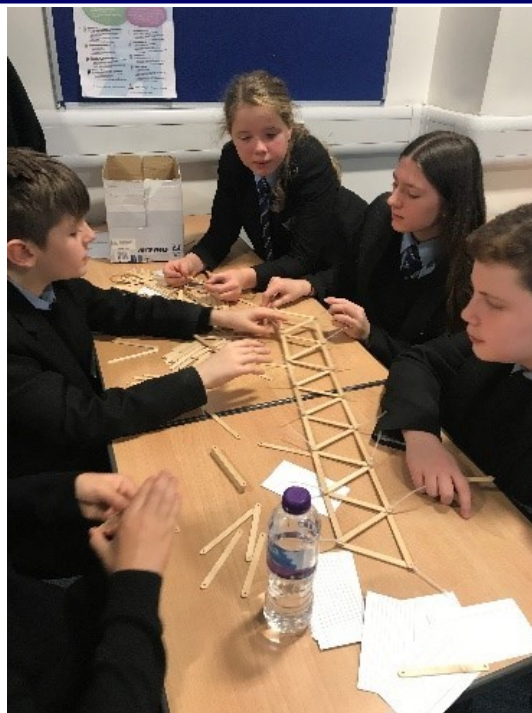
Every young person has been provided with a notebook that should be their first point of reference, we have also created a page on the Blog for every course with links to websites that provide extra work on topics and PowerPoint lessons that they can access if they find their notes are not sufficient. The young people are encouraged to use answers and work backwards to assist in getting them 'unstuck' if necessary and we regularly add worked solutions to the website or send these through Show My Homework to allow pupils to compare their layout with ours, especially for Senior Phase formal Homework exercises.

## BUILDING LEARNER POWER IN THE MATHS DEPARTMENT

(Continued from page 10)

Moreover, collaborative working is a large part of developing Maths skills and we often give challenges for our young people to work on in groups. So far this year this has included: Bridge Building in S1, Crack the Code Box in S2, a Cryptology challenge in S3 whilst our Higher pupils attended a Maths conference in Cumbernauld where they took part in a number of workshops. We also have various informal class activities such as relays, treasure hunts and mathematical jigsaws that our young people work on in teams.

Pictured opposite are some S1 pupils working on their bridge that was then judged against their classmates on strength, design and cost.



We also find that our young people look to us to find their mistakes when they get an incorrect answer. However, finding and fixing your own mistakes is an essential skill in Maths. To help them become more independent with this, we have given them written answers with common mistakes made. They then need to find the mistake and re-write the answer with the correct working.

In the example opposite, one of our young people have identified the common mistake of using the radius given in the question to find the Circumference, rather than doubling this figure to find the diameter.

Essentially, our hope is as Building Learning Power becomes embedded in the school's practice, all our young people will transform into independent, resilient young people who are well prepared for life beyond school.



## Religious Education

# STANDING ROOM ONLY- ANNUAL REQUIEM MASS

On the 11th of November Turnbull High School offered our annual Requiem Mass to pray for all those friends, colleagues, pupils and loved ones who have passed away.

The oratory was full to capacity as Father Monaghan offered the Holy Mass for the repose of their souls. Pupils from the Caritas class and other year groups assisted with serving, presenting the readings and offering the intercessions. In RE, throughout November, the young people are reflecting on the four last things and God's mercy.

As part of this learning, pupils write November lists bearing the names of those who they wish to pray for and place them before the altar in the oratory.

The Masses in the month of November are offered for these intentions.

*Eternal rest grant unto them  
O Lord, and let perpetual  
light shine upon them. May  
they rest in peace.*





## Religious Education

# CARITAS AND THE RELICS OF ST THERESE

The visit of the relics of St Therese was a monumental occasion in the life of the church in Scotland. In addition to learning about the Little Way in class, many of our pupils made personal and family visits to the relics and as a school, a large group made a pilgrimage to the Cathedral to venerate and reflect. Our Caritas pupils stepped up to plate and led one of the services that was arranged for school groups, a presentation which met with the approval of Archbishop Tartaglia.

After learning about relics, the young people were prompted to touch their rosary beads to the relics of St Therese so that they would become a third class relic for personal devotion. One young lady decided that since she had touched the reliquary, she was now a first class relic! After a chuckle, we realised that this is, of course the lesson that we learn from St Therese— that each of us should become ‘first class relics’ because we are created to be saints. The pupils were struck by the reverence and prayerfulness of the occasion and commented that learning about the life of such a young saint— a Doctor of the Church, no less— they appreciated that it is possible for each of us to live a life of virtue.



# Catholic Education Week

Catholic Education Week 2019 got off to a great start with our Caritas Pupils and new Chaplaincy Ambassadors assisting with Sunday Mass in their parishes. Sharing our vision for a community rooted in Gospel Values, the young people expanded on that theme and reflected on how we strive to become a school that is centered on Christ.



On Monday morning, every lesson began with a lesson starter which highlighted ways in which each discipline promotes Gospel Values. Using our school values as a summary of how we live our faith, departments discussed the importance of honesty, compassion, growing closer to God and respecting the dignity of each person.

A sample of these lesson starters are provided as follows:

## Lesson Starter

- Thinking of the text you have most recently been learning about, how does it reflect this value of compassion?

*In Turnbull High School English Department, we promote the gospel values by reaching out in compassion to others.*



## Compassion—NAT 4

A mail order company sells a sofa for £469.95 cash or using a hire purchase deal paying a deposit of £69.95 and 24 monthly payments of £20.50.

Mike needs a new sofa now but his disposable income each month totals £150. He chooses the hire purchase option.

- how much does he pay for the sofa in total?
- How much would he save if he had enough money to buy it in cash?

## How do these photos make you feel?



### Our School values:

- Encourage hope in each person
- Reach out in compassion to others



## Catholic Education Week

On Wednesday lunchtime, Caritas pupils led a short prayer service based on the Beatitudes and the lives of the saints during which our new Chaplaincy Ambassadors were commissioned and received their badges from Mrs Kennedy. Their role will be to promote the faith life of the school, especially attendance at our Thursday Morning Mass and other events eg liturgical and retreat program. They will also form a significant part of our whole school engagement with pupil voice in relation to our chaplaincy provision.

The climax of Catholic Education Week was our Patronal Feast Day. In 2017, Turnbull's 40th Anniversary and the 100th anniversary of Our Lady's apparitions at Fatima, we took the Immaculate Heart of Mary as Our Patron. On the 21st of November that year, Archbishop Tartaglia consecrated the school and all who are connected to the Turnbull family to the Immaculate Heart of Mary.

This year we were pleased to welcome Fr McGrath (St Aloysius, Springburn) as he offered the Mass and helped us to renew our consecration. In his homily, Fr McGrath encouraged us to reflect on our identity as brothers and sisters of Jesus as per the Gospel reading, and the impact that this should have on our lives and the lives of those around us. Mass began with a rousing rendition of 'Immaculate Mary' which is becoming something of a School Anthem, and ended with a nod to this Sunday's Feast for Christ the King with 'Hail Redeemer, King Divine' accompanied by the school band. Two house groups attended Mass, and our S1 prayer competition winners read their winning intercessions.

The remaining two house groups prayed the Joyful Mysteries of the Holy Rosary in different locations around the school, in union with the Mass.

In the afternoon, the whole school enjoyed two periods of activities that were organised by the PE department- a great opportunity to work off the calories from the community breakfast which began the day.

We thank Our Lady for Her intercession and protection and ask that with each passing year, we may become more and more devoted to Her and Her Divine Son.





# S1 Study Skills Day



S1 pupils thoroughly enjoyed their Study Skills Day on Friday, 25th October. Everyone worked effectively across the day to learn about learning styles, study skills and the importance of wellbeing.



As they learned and applied their skills across the day, all of S1 demonstrated great enthusiasm and motivation for learning. Our young people proved their determination to reach high standards of achievement.



All of the staff working with S1 were delighted with their excellent contributions, effort and behaviour.





# Participation in School Reward Trips

Turnbull High School policy requires that any pupil representing the school or participating in reward trips has demonstrated the high standards of attendance, punctuality and behaviour that merit participation in such events.

Whilst there is always the flexibility to consider requests on an individual basis, pupils participating in extra curricular activities should meet the following criteria:

- ✓ Attendance greater than 90%
- ✓ Late coming less than 5%
- ✓ Aiming High/Aiming Higher award winner\*

The following criteria would exclude a pupil from participating in extra curricular activities (determined on a termly basis)

- ⊗ Monitoring Booklet with SMT
- ⊗ Exclusion

\*Our criteria for Aiming High/Aiming Higher awards are as follows:

<b>GOLD:</b>	95% attendance, late less than 5%, Punishment Exercises <5, no 3s or 4s in tracking ratings
<b>SILVER:</b>	95% attendance, late less than 5%, Punishment Exercises <5, no 4s and no more than one 3 in tracking ratings
<b>BRONZE:</b>	90% attendance, late less than 5%, Punishment Exercise <5 no 4s and no more than two 3s in tracking ratings

Pupils who have achieved this criteria will be presented with certificates.

The BGE reward trip will take place on Wednesday 18 December 2019.

**Aiming High/Aiming Higher criteria are not related to academic performance.**

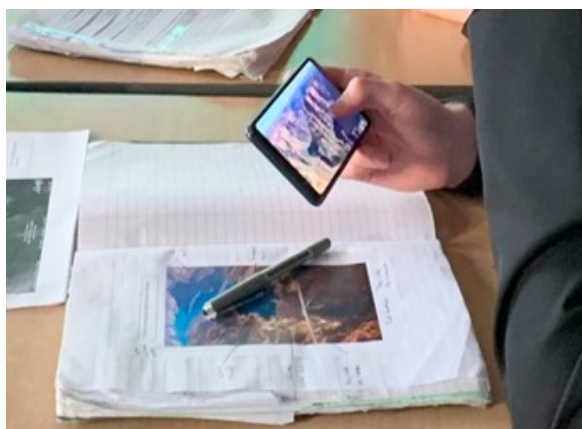
Turnbull High School promotes and recognises good attendance, punctuality, behaviour, homework and effort through our Aiming High (S1 to S3) and Aiming Higher (S4 to S6) schemes. These criteria were established in session 2016/17 following consultation with pupils, parents and staff.

# GEOGRAPHY DEPARTMENT

## Exploring the world from the comfort of the classroom

Geography classes have been using Goggle Expeditions to enhance their learning. The photos show S2 pupils learning about plate tectonic and the structure of the earth, while Higher pupils were treated to a tour of the Grand Canyon without having to leave their seats!

Using the school iPads and a bit of tech magic, the Geography department are able to incorporate these virtual reality elements into lessons to reinforce the key aspects of the lesson. It is safe to say it has been popular so far with pupils!



## EDC Planning and Transport Policy Consultation

The Planning and Transport Department of East Dunbartonshire Council recently visited the school as we hosted an authority wide consultation for young people. Our S1 and S2 pupils worked with pupils from Bearsden Academy and Douglas Academy to give their views about housing, transport and services developments in the local area. Our pupils spoke confidently and gave suggestions, which the committee noted to take on board. Here's hoping some of their suggestions are implemented in the coming year. They suggested more electric car charging points and a cinema at Strathkelvin Retail Park. We'll keep our fingers crossed!



## GEOGRAPHY DEPARTMENT

## Geographers take to the Glasgow Streets

S3 and Higher Geographers took to Glasgow to learn more about their Urban case study. In S3 pupils learn about the land uses in the CBD and the changes that have taken place, meanwhile Higher pupils were treated to Mr Walker's walking tour highlighting transport issues and solutions. Our second stop was the Gorbals where pupils looked at Generation and took advantage of one of the convenience shops (Greggs) for lunch and refreshments!

This trip provided first hand insights into their case studies and this was displayed in the quality of their answers in end of unit assessments.

The slight downside; the pupils seem very keen to visit their other city case study.... Rio De Janeiro for S3 and Mumbai for Higher!



## I'm a second year.... Get me out of here!

In S2 Geography, pupils study the empty lands of the world. To help learn about how animals adapt to their environment in the desert and rainforests, S2 classes were visited by animals from Amazonia. We got to meet snakes, bearded dragons, tortoises and millipedes to name but a few. Judging by the expressions of the pupils they had a wonderful time.





# CHEMISTRY DEPARTMENT

During the week beginning the 18th of November, we celebrated Chemistry Week 2019. This is an exciting year for chemists as it is the 150 year anniversary of the periodic table in its current form.

S1 classes performed a scavenger hunt to find out which elements in the periodic table are in danger of running out. This is particularly important as many are used in electronic devices that we take for granted. We learned that a smart phone can have up to 30 elements present within it and at least to 6 of them are 'endangered' and set to run out in the next 100 years. It is therefore important to 'Reduce, Reuse and Recycle' your old phones and tablets!!

Lots of fun activities took place at lunchtimes and pupils enjoyed learning from Advanced Higher pupils about fireworks, metals and forensic chemistry. The week culminated in Pizza, Puzzles and the Periodic Table where we celebrated elements of the periodic table with some refreshments and fun games.

Thanks to everyone that took part, Young STEM Leaders and the Advanced Higher Chemistry class for organising the events.



*Anna, Erin, Matthew and Kiera were excellent representatives of Team Turnbull, showcasing excellent analytical, teamwork, problem solving and (unexpectedly) poetry writing skills at Glasgow University.*



# PE DEPARTMENT - Clubs

# TURNBULL HIGH SCHOOL

## SPORTS CLUBS

**MON**

**TUE**

**WED**

**THU**

**FRI**

**S1-6 Fitness**  
Fitness Suite  
LUNCH

**Staff and Pupils 2/3k Club**  
PE Dept  
AFTERSCHOOL

**S1-6 Badminton/ Interhouse**  
Games Hall  
LUNCH

**S1-6 Dance**  
PE Dept  
AFTERSCHOOL

**S1-6 Football**  
Astroturf  
AFTERSCHOOL

**S1-3 Fitness**  
Fitness Suite  
LUNCH

**S1-4 Football**  
Astroturf  
LUNCH

**S1-6 Rugby**  
Astroturf / Grass  
AFTERSCHOOL

**S1-6 Basketball**  
Games Hall  
LUNCH

**S1-6 Basketball**  
Games Hall  
AFTERSCHOOL

**S1-6 Girls Football**  
Astroturf  
AFTERSCHOOL

**S1-6 Athletics**  
PE Dept  
AFTERSCHOOL

**S1-6 Fitness**  
Fitness Suite  
LUNCH

**Interhouse**  
PE Dept  
LUNCH

**S1-6 Handball/ Interhouse**  
Games Hall  
LUNCH

**S1-6 Netball**  
Games Hall  
AFTERSCHOOL

**S1-3 Fitness**  
Fitness Suite  
LUNCH

**S1-6 Volleyball**  
Games Hall  
LUNCH

**S1-6 Gymnastics**  
Gym  
LUNCH

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## Kasey – A Shining Star

If anyone needed a reminder about the power of a growth mindset and having a resilient approach to learning, we can all learn a great deal from one of our S1 pupils, Kasey W.

At the tender age of 12, Kasey has been successful in achieving her Black Belt in karate. A member of Senjokai Karate Scotland, Kasey has been learning karate since she was five and a half. After taking part in many competitions, Kasey put these aside to focus on achieving her Black Belt. We know Kasey likes to keep busy and loves a challenge so there is no surprise that Kasey, since March of this year, has committed to five hours a week of karate training to achieve her goal. Her determination has paid off!

Kasey also helps out students who are working through their karate levels attending her karate classes.

We spotted Kasey's positive outlook very quickly and she is now using this as part of her role as an S1 Leader, representing Marian House.

*Kasey, you are a fantastic role model to us all – congratulations on your success!*



## MASS

Canon Hill celebrates Mass in our beautiful Oratory each week:

**Thursdays at 8:40am**

Please encourage your son/  
daughter to come.

Father Monaghan also celebrates  
class Masses throughout the school  
year as part of our RE curriculum.



## Dates for your Diary

<b>December</b>	S4/5/6 Prelims Begin	2 December 2019
	PTA Meeting	3 December 2019—7pm
	Advent/ Christmas Concert	18 December 2019—7pm
	Holiday	23 Dec 2019 to 3 Jan 2020
<b>January</b>	Pupils Return	6 January 2020
	Parent Council Meeting	13 January 2020
	HPV	14 January 2020
	S4 Parents Night/Options Evening	21 January 2020—4pm
	S5/S6 Parents Night/S5 Options Evening	28 January 2020—4pm
	PTA Meeting	28 January 2020—7pm
<b>February</b>	PTA Meeting	4 February 2020—7pm
	ADDITIONAL INSET DAY 2	7 February 2020
	Holiday	10-11 February 2020
	INSET DAY 4	12 February 2020
	Pupils Return	13 February 2020
	S2 Parents Evening	18 February 2020—4pm
<b>March</b>	PTA Meeting	3 March 2020—7pm
	Parent Council Meeting	9 March 2020—7pm
<b>April</b>	Holiday	6-17 April 2020
	S6 Graduation Ceremony	24 April 2020
	SQA Exam Leave Begins	27 April 2020
	PTA Meeting	28 April 2020—7pm
<b>May</b>	Holiday	8 May 2020
	Parent Council Meeting	11 May 2020—7pm
	S4 Induction	13 May 2020
	INSET DAY 5	21 May 2020
	Holiday	22 to 25 May 2020
	Pupils Return	26 May 2020
	P7 Induction Days	27 May and 28 May 2020
<b>June</b>	S5/S6 Induction	3 June 2020
	End of Term	24 June 2020
<b>August</b>	Pupils return	13 August 2020