



A Journey through Advent

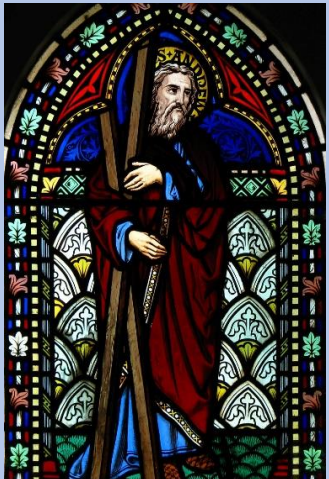
Week 1: Monday

*I will go before you
and make the
crooked places
straight. Isaiah*

A Scottish lesson for St Andrew's Day.....

An old Scotsman was very ill and his family called for the Minister. When the Minister entered the sick room, he noticed another chair drawn close to the opposite side of the bed. The Minister said, "Well, Donald, I see I'm not your first visitor today."

The old man was puzzled for a moment but soon worked out that the Minister had noticed the empty chair. "Well, Minister, I'll tell you about that chair. Many years ago, I found it quite difficult to pray and one day I shared this problem with my Minister. He told me not to worry about kneeling down or taking on any pious posture. Instead, he said 'Just sit down, put a chair opposite you, and imagine Jesus sitting in it, then talk with Him as you would a friend.'" The old man then added, "I've been doing that ever since."



Music to listen to...

Highland Cathedral

<https://www.youtube.com/watch?v=0tEdH0bjiR8>

How Beautiful on the Mountains

<https://www.youtube.com/watch?v=iRWndPtIQGc>

A Mindful Moment...

Light a candle and spend a minute watching the flame dance. Give thanks for those who spread the Gospel.

A Thought to Carry Through the Day...

Why work so hard to fit in when you were called to be set apart. 2 Corinthians 6:17