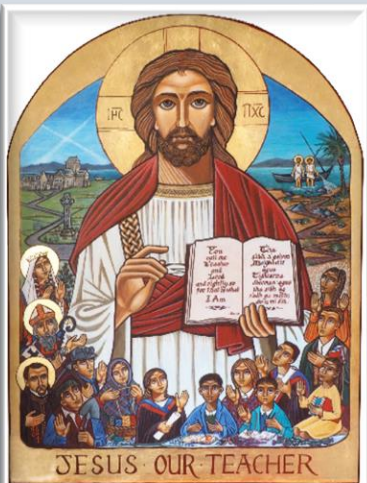




A Journey through Advent

Week 2: Friday

**I, the Lord, your God,
teach you what is for
your good, and lead
you on the way you
should go.** Isaiah 48:17



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Listen to the teacher...

The prophets who came before Jesus “sang songs” inviting people to be sorry for their sins and also to rejoice in the truth. Nevertheless, they were ignored by many.

John the Baptist was accused by some of being “possessed” and Jesus himself was called a “glutton and drunkard, a friend of tax-collectors and sinners” - people were quick to judge and slow to learn. They were not ready to change.

Jesus strongly condemned those who refused to listen to the words of the prophets.

adapted from *catholicreadings.org* 10 Dec. 2020

Music to listen to...

Take me, Lord (A video reflection inspired by the feast of the Immaculate Conception and the 150th Anniversary of the Salesians of Don Bosco in 2009)

https://www.youtube.com/watch?v=U0XfnSL_SQs

Teach me to dance

<https://www.youtube.com/watch?v=qZ-Nw6C46M>

A Mindful Moment...

Find a quiet place and, very slowly, say the Our Father, focusing on every phrase.

A Thought to Carry Through the Day...

Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself. *Rumi*

How green is your Advent? Unplug chargers when they are not in use to save energy.

From *Jesuits and Friends Advent Calendar 2020*